

Volume 41 Number 10

Capital Area Service of Narcotics Anonymous (CASNA)

Rachelle W., Chair, opened the 433rd meeting of CASNA on 10/05/2025 @ 2:00 pm with the Serenity Prayer, 12 Traditions read by David and 12 Concepts read by Kevin.

Agenda:

Serenity Prayer, 12 Traditions, 12 Concepts

GSR Count

Attendance

New GSR's

New Meetings

Corrections/Approval of the minutes

Orders of the Day

1. Discussion of motions will be limited to GSR's or a Group Representative only.
(Supported by the 9th Concept) Extended discussion rests with the Area Chair.
2. A member may speak once to an issue
3. A member must be recognized by the Chair to speak
4. Subcommittee reports will be limited to 10 minutes, plus questions and approval
5. In order for an item to be placed on the agenda, it must be in motion form.
6. Discussion topics must be in written form and given to the Chair
7. Each member may speak once to a discussion topic for a maximum of 5 minutes

Opening Treasurer's report

Groups with problems

Group Reports

Subcommittee Reports

RCM/Alt RCM Reports

Old Business

New Business

Discussion Topics

Closing Treasurer's Report

Quorum: 11

GSR Count- 18 at 2:07pm

Attendance notes: Open Positions: Area Secretary, Area Vice Secretary, Unity Vice Chair, Unity Vice Treasurer, Alt. RCM, H&I Vice Chair, Marathon Vice Chair.

New GSR's- Ryan- H.O.W

New Meetings- NONE

Corrections to the Minutes- None. Moved by Kevin, Second by Ceser.

Opening Treasurer's Report- See Attachment

Groups with Problems-

- Value of life moved back to the church, Flyer attached.
- Twisted Sister is moving locations, Address is in the group report.

*****Next Area Meeting is on 11/02/2025*****

Group Reports:

Acceptance- Tues 7-8 PM- 64 E North St, Carlisle, PA- NoReport.

All Are Welcome- Wed 7-8:15 PM- 54 Bank St, Harrisburg, PA- No Report.

Any Lengths- Thurs 7:30- 8:30 PM- 210 W. Main St, Hummelstown, PA- No Report

Back to Basics- Wed 7:30- 8:30 PM- 135 W Simpson St, Mechanicsburg, PA- No Report

Bottom Line- Mon-Fri 12- 2 PM- 7 N 14th St, Harrisburg, PA- Bottom line is doing well. 5- 40 People. We are having the Bottom Line Group The Mask Must Go! Flyer sent to area, Donation welcome. - Peggy L.

Clean and Free- Sat 12-2 PM- 750 S 29th St, Harrisburg, PA- No Report.

Commitment to Change- Wed 7- 8 PM- Cifelli House, 1422 Market St, Harrisburg, PA- No Report

Cut and Dry- Fri 7- 8:30 PM- 914 S 21st St, Harrisburg, PA (21st & Derry)- No Report.

Desire to Grow- Tues 7:30- 8:30 PM- 300 Market St, Lemoyne, PA- Nothing to report. -Sean B, GSR

Exodus to Genesis- Sun 6- 7:30 PM- 5th & Camp St, Harrisburg, PA- No Report.

Gathering Place, The- Sun 6-7 PM- 323 Reno St, New Cumberland, PA- No Report

HANA- Fri 6:30- 8 PM- 901 N 6th St, Harrisburg, PA- No Report.

Honesty- Thurs 7:30- 8:30 PM- 530 Bridge St, New Cumberland, PA- Attendance has been steady. We are looking for more homegroup members. Thank you for letting me serve. - David P.

H.O.W- JFT- Monday at 5:30pm- 300 Market St, Lemoyne, PA- All is well! - Ryan O.

Just for Today- Sun 12- 2 PM- 7 N 14th St, Harrisburg, PA- Our meeting is doing Ok, Open and closing on time and carrying a clear message of N.A Thanks for allowing me to serve.

Just for Tonight- Sat 8- 9 PM- 300 Market St, Lemoyne, PA- No Report

Keeping the Hope Alive- Sun 7:30- 8:45 PM- 300 Market St, Lemoyne, PA- No Report.

Life or Death- Sun 7-8 PM- 221 S 2nd St, Steelton, PA- No Report.

Linglestown Meeting- Wed 7- 8 PM- 5834 Linglestown Rd, Harrisburg, PA- No Report.

Lunch Bunch- Mon-Sat 12- 1 PM- 309 Herman Ave, Lemoyne, PA (In person & Zoom)- Our group meets daily at noon in person and on zoom daily. The in person meeting is for newcomers. Our in person meeting makes enough money at the in person meeting to pay rent, but not purchase literature, coffee supplies or pay for our Zoom account that also meets with in person during the business meeting. Recently we have experienced a problem with the EIN tax exempt number, however, our treasure has resolved the issue with the bank. However, the question has not been answered as to who is responsible for this EIN number if an issue arises again. It was discovered that Sunday meeting has struggled keeping a chair position. Attendance was discussed for the past few months. A new chair stepped up. This is a speaker meeting. Although attendance is low, I am reminded it only takes two members to have a meeting using the Little White Book of NA.- Cat

Message of Hope- Fri 8-9 PM- 4685 Mt Zion Dr, Enola, PA- No Report.

Nothing to Fear- Mon 7:30- 8:30 PM- 216 S Market St, Mechanicsburg, PA- All is well. Meeting attendance is great. Need homegroup members.- Stef R.

O.D.O.P.- Wed 7- 8 PM- 600 Evergreen Road, New Cumberland, PA- No Report.

Only Hams are Cured- Sat 7- 8:30 PM- 901 N 6th St, Harrisburg, PA- WE are doing well, Averaging 25-30 people. We have a good core of Homegroup members and could use more. Rent is caught up. We brought in \$52.00 worth of literature and donated \$26 to Area.- Rob W

On Life's Terms- Mon 6:30- 8:15 PM- 901 N. 6th St. Harrisburg, PA- No Report

Saturday at Swatara- Sat 7-8 PM- 6300 Chambers Hill Rd, Harrisburg, PA- No Report

Share and Care- Mon 7- 8:15 PM- 228 Bridge St, New Cumberland, PA- Need home group members for service. – Richard F, GSR.

Steps and Traditions- Thurs 6:30- 8:15 PM- 750 S 29th St, Harrisburg, PA- Doing well. Averaging 20-30 people each week.- Tony W

Steps to Freedom- Tues 7- 8:30 PM- 901 N 6th St, Harrisburg, PA- Group is doing well, Always in need of

new members.- Derek C.

The Ties That Bond Us Together- Saturday 12-1:30pm- 7 North 14th St Harrisburg, PA- No Report.

Twisted Sisters- Tues 7- 8 PM- 32 S Front St, Wormleysburg, PA- On 11/02/25 this homegroup will be moving to 323 Reno Street, New Cumberland PA. Our homegroup will now be handicap accessible so all who want to attend can. We had one new member join the homegroup this month and donated \$51 to area.-

Value of Life- Sun 6- 7 PM- 130 Nittany Dr, Mechanicsburg, PA- We have moved back to our indoor location: 130 Nittany Dr Mechanicsburg, PA 17055. Our format is changing to ROund Robin Literature Study. We will begin with Living CLean- The Journey Continues on 10/5/2025. -Stephen T, GSR.

We Do Recover- Mon 7- 8:15 PM- Cifelli House, 1422 Market St, Harrisburg, PA- No Report.

SUB-COMMITTEE REPORTS

Unity- Unity is doing well. Upcoming events for Oct, Nov, and Dec are in the planning process with flyers out! Thank you everyone for making the Unity by Diversity cookout a success and everyone had a great time. Incident took places that needed to be addressed. Need help with donations for the next event if possible, contact the committee. Also helping out with Marathon that is soon to get the ball rolling for the Holidays. Thanks for allowing me to serve.- Rich B

Unity Treasurer's Report- SEE ATTACHMENT

Literature- Starting Balance \$57.48, Brought in \$556.16, Ending balance is \$613.58. Deposited \$555.10. Will be ordering more literature and meeting list for November. Pricing for literature has been raised starting in 2026. Will need to update Order Forms.- Justin R

Policy- Nothing to Report- Stef R.

Public Relations- We had set up for recovery night at the Senators game which went well both the chair and vice chair were present. Danny from Hero in the fight said he would reach out for future events and he has both our contact info.- Caesar J.

RCM- Regional Service was 09/13/2025 on Zoom and Quorum wasn't met so Region was canceled before 1pm. From World Services there is be a price increase beginning 01/01/26. The increase will be 15% with a very few expectations. They have posted the updated 2026 price list, shipping charges will remain unchanged at least for now, so if you can order your groups needs before 01/01/26. I've been in contact with the MARLCNA chair about getting the MARLCNA merchandise for our Marathon Committee to fun raise. Hopefully that will happen in the next few weeks. PLease consider running for the ALT RCM so I can train someone- Nancy U.

Hospitals & Institutions- Rob G. opened the meeting at 12:32, 11 People in attendance, 8 panel leaders, 2 new members, and 1 member ready to be voted in.

Facility Reports:

Arkview- All is well.- David

C90- We usually have over 10 people attending. They are glad we are coming and are really getting involved. Looking for more women speakers. Marlin

Common Ground- Rob covered for me once this month and I took 1 meeting in during the start of the month. Jan took in the meetings the rest of the weeks. Caesar

Conewago- Rob is going to contact

Dauphin County (men's)- Marlin had to update ID but all is well.

Dauphin County (womens)- There were only 2 out of 5 meetings in September. Jenny and Bridgette will be covering for the month of October.

Dauphin County Work Release (men's)- We usually have 2-4 people attending but the guys that do come to the meeting are very interested in the program/- Marlin

Dauphin County Work Release (women's)- Morgan will be calling to see if Mandy can start coming on Wednesdays.
New Insights- All is well.

Marathon- NO REPORT

Marathon Treasurer- NO REPORT

OLD BUSINESS-

M07.25 P3- The chair will appoint two additional members to form an audit committee. The two additional members should have experience with book keeping or other fiscal knowledge. These members must be confirmed by a majority vote of the GSRs present when they are appointed. Intent: To clarify and conform to existing policy and to clarify the single point of decision and responsibility for Audit Committee. Written by: Stephen T, and 2nd by: Rob G - Motion was tabled 13 yes, 7 no, 2 abstentions

M07.25 P4- Audit subcommittee shall conduct audits of all ASC and Subcommittee accounts for the remaining quarters of 2025 and make formal reports of their findings at ASC meetings. These audits will be conducted in accordance with the suggest audit guidelines presented in the NA treasurers handbook, page 15. Intent: To clarify and conform to existing policy and to clarify the single point of decision and responsibility for Audit Committee. Written by: Stephen T, and 2nd by: Rob G.- Motion was tabled, 12 yes, 1 no, 2 abstentions

M07.25 P5- The audit subcommittee shall prepare and present new guidelines consistent with the guidelines of other committees and clarifying the membership responsibilities and procedures of the audit committee for approval of the groups in time for adoption before the required March 2026 audits and reports. Intent: To clarify and conform to existing policy and to clarify the single point of decision and responsibility for Audit Committee. Written by: Stephen T, and 2nd by Rob G. - Motion to be voted on at November area

M07.25 P6- The ASC executive committee, (ASC chair, vice chair, secretary and treasurer) confirm the amounts stolen from the unity subcommittee and the identity of those believed to have committed the thefts. Upon confirmation of the amount stolen and the persons responsible for the thefts, contact those individuals to arrange for a legally enforceable agreement to repay those funds. Any payments shall be paid directly to the subcommittee from which they were stolen (Unity Subcommittee) and reported by that SC and its monthly report. If either of those individuals do not respond to attempts to contact them, refuse to enter into an agreement to repay the funds taken or fail to abide by the terms of that agreement, the ASC executive committee will make a police report against that person in the county where the thefts occurred. If criminal charges are filed and the obligation is met, agree to drop charges against the individual through a rule 586 motion, The executive committee will make monthly written report detailing the current status of each recovery effort, including steps taken by the committee during the previous month, any amounts paid by the individuals and the current balance of their accounts. Intent: to recover stolen fund's (11th concept), formally designate a single point of decision and accountability in this matter, (fifth concept) provide clear communication to the ASC and groups regarding this matter. (8th concept). Written by: Stephen T., 2nd by Gerald. W. - Motion to be voted on at November area.

NEW BUSINESS-

M10.25 P1- To amend current policy (CASNA Financial Policy 8E) regarding theft to include a timeframe within which to take legal action and to also specify what legal action is to be taken. Contact the Individual, give them up to 1 year to replace the funds, in the event that they do not comply, file a complaint with the district justice in small claims court in the county where the theft occurred. Intent- To be able to clearly have direction in how to handle cases of theft.

Written by Rob W, Seconded by Gerald W.

Discussed in November, Voting in January (due to voting in December)

M10.25 P2- To amend CASNA Audit Committee policy to read: An audit committee will be formed to audit all area accounts quarterly (every 3 months). To include Area Chairperson along with 3 other members of area who have knowledge and/or experience with Bookkeeping/ Finances to review all CASNA accounts and report results to ASC as audits are completed. Intent- To clarify existing policy, CASNA policy page 29. To ensure integrity and effectiveness of communication. Concept 8. To ensure that NA funds are managed responsibly Contempt 11.

Written by Stephen T, Seconded by Peggy L.

Discussed in November, Voting in January (due to voting in December)

M10.25 P3- To amend Area Service Committee Chairperson duties as follows:

- i. Uphold the 12 Traditions and 12 Concepts of Narcotics Anonymous
 - ii. Arrange the ASC agenda for each meeting.
 - lii. Preside over regular ASC meetings in an orderly fashion.
 - lv. Co-signer of ASC bank accounts.
 - V. Assist Vice Chairperson in the coordination and liaison work between all sub-committees to assure cooperation of responsibilities.
 - Vi. Represent CASNA in all matters outside the Fellowship that are not assigned by policy to other officers.
 - Vii. to present a monthly written report to ASC detailing any events or actions that have occurred since the last meeting of ASC.
 - Viii. To organize an audit committee as per policy, chair the committee, conduct audits of all CASNA accounts with the committee and report all audit findings to ASC.
- Intent- to create a single point of decision and accountability for executive duties. Concept 5. To ensure integrity and effectiveness of communication. Concept 8. To follow existing policy.

Written by Stephen T. Seconded by Peggy L

Discussed in November, Voting in January (due to voting in December)

M10.25 P4- To adopt the following as policy to replace current theft policy CASNA policy pages 6,8e

1. Verify the Theft
 - a. The Audit Committee shall thoroughly review all books and financial records within 30 days of the discovery of the theft.
 - b. Determine the amount taken.
 - c. Identify the individual responsible.
 - d. Assess which safeguards or procedures failed
2. Call a meeting within 30 days of the completion of the audit
 - a. Notify the individuals involved and give them a chance to speak
 - b. Use a structured format for the meeting
 - c. Include a spiritual break before deciding on action
3. Restitution Process (if needed)
 - a. Develop a restitution agreement with a repayment schedule.

- b. Make the agreement legally binding, signed, and witnessed through a rule 586 Dismissal Upon Satisfaction Agreement that clearly delineates the legal consequences if the agreement is not met.
 - c. Publish a report on the situation and provide updates.
 - d. Remove the individual from service positions.
- 4. If the individual does not appear
 - a. Make every effort to contact them.
 - b. Send a registered letter outlining the audit finding and consequences.
 - c. Retain a copy of the letter for records.
- 5. If They Refuse, Default, or Disappear
 - a. Consider criminal charges as a last resort
 - b. Consult area/ regional committees and World Services before proceeding
- 6. Support Recovery
 - a. Recognize emotional responses like hurt or anger.
 - b. Encourage the individual to continue their recovery.
 - c. Offer support as you would to someone who relapsed.

Intent- to update previous policy and clarify procedure in the event of theft. Concept 11: NA funds are to be used to further our primary purpose and must be managed responsibly.

Written by Stephen T, Seconded by Rob W.

Discussed in November, Voting in January (due to voting in December)

M10.25 H1- To determine the dollar amount stolen from the Unity Sub-committee between Nov-Dec of 2024 to be recovered to be \$ 745.00. Intent- To determine the dollar amount for area to recover.

Written by Corey H, Seconded by Derek C.

Motion passed, 14 yes, 3 no

M10.25 H2- To reimburse Stephen T \$15.58 for purchase of a copy of Roberts Rules of Order for the Policy Committee. Intent- to follow the 7th tradition.

Written by Stephen T, Seconded by Rob W.

Motion passed, 13 Yes, 1 No

M10.25 H3- For unity to be given \$100 to put on our next event. Intent- to use for upcoming events on Nov, 18th 2025.

Written by Peggy L. Seconded by Tony W.

Motion passed, 12 Yes, 1 abstention.

Discussion Topics:

1.) CANA Convention- Good afternoon family. Just a heads up to let the Area know what's the next step in our walk with the convention. We need to know what the vote was from the homegroups. If there is a go to the process then we will start to adapt the guidelines from the MARLCNA Policy Committee. We have two hotels that we're looking into and that is the Best Western off Union Deposit and the Sheraton hotel off Eisenhower BLVD. We will at some point need to form a Convention Committee and we won't do that until a policy is in place. -Ramona B.

2.) Although the EIN number has been resolved for Lunch Bunch cash app, due to diligent work by our treasurer the question remains unanswered as to who is responsible for utilizing this EIN number in the event this occurs again. It had been brought up at the last area that this had caused problems for area service previously.- Cat.

FINAL TREASURER REPORT- SEE ATTACHMENT

OPEN POSITIONS- Secretary, Vice Secretary, Unity Vice Chair, Unity Vice Treasurer, Alt. RCM, Marathon Vice chair.

NOTES-

[illegible]

The Ties that Bind Us	A	A	P							A		
Twisted Sister	P	P	P							P		
Value of Life	P	P	A							P		
We Do Recover	A	A	A							A		

LEGEND: P- Present A – Absent O - Open

CASNA MONTHLY TREASURER OCTOBER

OPENING REPORT

		Ck#
Opening Balance	\$1,385.01	
Less Prudent Reserve	\$1,600.00	
Working Balance	-\$214.99	

INCOME

Group Donations	\$361.54	
Literature Income	\$555.10	
T-shirt match		

TOTAL INCOME

\$916.64

EXPENSES

Answer First	\$89.40	
Verizon	\$52.90	
Dex Media	\$10.00	
Area Rent	\$50.00	219
Meeting List		
lit order 1051774	\$207.55	218
Policy reinbur Steve	\$15.58	220
H and I lit	\$45.00	
Unity Teresa	\$100.00	221

TOTAL EXPENSES

\$570.43

Working Balance	\$131.22
PLUS Prudent reserve	\$1,600.00
Ending Balance	\$1,731.22
Less Reserve to T-Shirts	\$400.00
Balance Available to use	\$1,331.22

Group Donations

		Rcpt #	Ck #
Acceptance Group			
All Are Welcome	\$90.54	567213	
Any Lengths			
Bottom Line Group			
Clean And Free			
Commitment To Change			
Cut & Dry			
Desire To Grow			
Exodus To Genesis	\$10.00	567210	
Keeping The Hope Alive			
H.A.N.A.			
Honest Group	\$50.00	567214	
H.O.W. Group			
Journey Continues			
Just For Today	\$35.00	567216	
Just For Tonight			
Life Or Death			
Linglestown Meeting			
Living The Dream			
Lunch Bunch			
Message Of Hope			
New Life Group			
Non-Conformists			
Nothing To Fear			
ODOP	\$74.00	567208	
Only Hams' Are Cured	\$26.00	567211	
On Life's Terms			
Only The Desire			
Saturday At Swatara			
Share & Care			
Step And Tradition			
Steps To Freedom	\$15.00	567209	
The Gathering Place			
Twisted Sister	\$51.00	567215	
Value Of Life			
We Do Recover-HBG			
We Do Recover-Millersburg			
Back to Basics	\$10.00	567212	
Total Group Donations	\$361.54		

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE:

September 20th 2025

STARTING BALANCE:

698.19

INCOME

ADMISSION:

N/A

FOOD:

- 0 -

MISCELLANEOUS ITEMS:

Sodas water meats

SUB-TOTAL:

698.19

NEW BALANCE:

698.18

EXPENSES

FACILITY RENT:

150

D.J.:

N/A

FOOD:

490.00

MISCELLANEOUS ITEMS:

water, charcoal, sodas meats
lighter fluid, 208.19

SUB-TOTAL:

208.19

ENDING BALANCE:

208.19

COMMENTS:

C.A.N.A UNITY SUB-COMMITTEE
TREASURES REPORT

EVENT DATE:

September 1st 2025
\$777.01

STARTING BALANCE:

INCOME

ADMISSION:

N/A

FOOD:

sodas & water

MISCELLANEOUS ITEMS:

33 329.00

SUB-TOTAL: 1,106.10

NEW BALANCE: 1,106.10

EXPENSES

ACTIVITY RENT:

\$150

U.J.:

N/A

FOOD:

\$409.91

MISCELLANEOUS ITEMS:

sodas & water

SUB-TOTAL: 696.19

ENDING BALANCE: 696.19

COMMENTS:



Value of Life

Meeting Format Change

The Value of Life (“Bowmansdale”) meeting is changing things up! Our meeting will now be a literature meeting with round robin sharing format. We will begin this new format reading

The Journey Continues.

Sundays 6-7pm

Indoor Address October to April: St Peter Lutheran Church, 130 Nittany Dr, Mechanicsburg PA 17055

Outdoor Address May to September: Simpson Park, 2701 S Market St, Mechanicsburg, PA 17055

